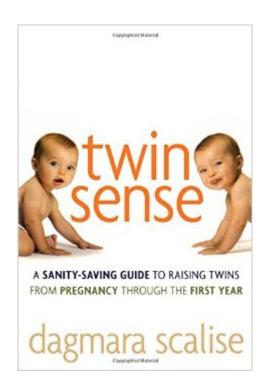
## The book was found

# Twin Sense: A Sanity-Saving Guide To Raising Twins -- From Pregnancy Through The First Year





# Synopsis

Although everyone experiences unexpected challenges with the arrival of a new baby, the parents of twins face their own unique sets of joys and frustrations. As the parent of three children under the age of six, including three-year-old fraternal twins, Dagmara Scalise knows firsthand just how daunting that all-important first year can be. Now, in Twin Sense, she offers real-world advice on dealing with the many issues that arise when caring for newborn twins. Concise and easy to follow, this book shows harried parents everything they need to know, including: baby-proofing  $\hat{a} \not\in \text{stocking}$  up on what they really need  $\hat{a} \not\in \text{preparing}$  and involving previous children  $\hat{a} \not\in \text{breast-feeding}$  two babies at once  $\hat{a} \not\in \text{making}$  errands possible  $\hat{a} \not\in \text{getting}$  through the night  $\hat{a} \not\in \text{bathing}$  the babies  $\hat{a} \not\in \text{traveling}$  with twins  $\hat{a} \not\in \text{keeping}$  the peace  $\hat{a} \not\in \text{responding}$  to probing questions about having twins  $\hat{a} \not\in \text{and}$  much more! Filled with lively anecdotes and practical advice, this is a true insider's guide that will make raising twins a pleasure.

### **Book Information**

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Parenting > Early Childhood

### Customer Reviews

I purchased this book after finding out, at 20 weeks, that our first child was actually 2 boys. As I began reading the book, at first I was overwhelmed by the details and felt a little like my idealistic bubble was bursting. I think because these are our first children, it was a little hard to lose that imagined baby utopia. But as our pregnancy has progressed, and we're reaching the time when we need to understand the "how-to" of having two infants at once, this book has been priceless. The author (and the friends she has enlisted for experiences and opinions) have compiled some

extremely useful information. I found a lot of comfort reading the chapters about feeding and sleeping because it took a lot of the pressure off of having to try and make sure my babies sleep at the same time, in the same room, etc. In general, I think this book releases the reader from the parental expectations that sometimes build up throughout your pregnancy. It offers some great options/alternatives. Because of this book, I think that I will be much more open and creative about child-rearing options. One other specific I found to be helpful was the list of equipment with some specific numbers. I work well from lists, and it helped me tremendously to be able to have a copy of the list to take with me as I began registering for baby items. It was overwhelming enough to walk into Babies R Us with the list. I can't imagine how painful an experience it would have been without the list (or just using the one the store provides). The author is great at telling you the things you'll really need and the things that are optional/totally useless. My mother-in-law also read/skimmed the book while visiting and found it extremely interesting and useful.

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